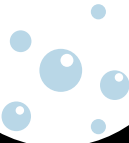


Calming Strategies

Blow
Bubbles



Calm down
corner



Breathing



Timer



Change
seating



Squeeze a
pillow



Social story



Choiceboard



Calm down Tools

drawing



Read a book



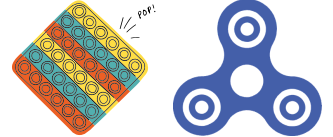
Soft seating



water bottle



fidget toy



stress ball



**noise
cancelling
headphones**



**weighted
item**

